
Come to Me All Who Are Weary and Burdened, I Will Give You Rest.

This is Jesus' invitation to us! He invites us to find our home, in his heart. He invites us to share with him what stresses us, what challenges us, what worries us. In fact, we can place all our cares and all those we love in his heart.

As we journey through life, may I invite you to consecrate your family to the Heart of Jesus? Choose to make Jesus the CENTER of your family! Try to show the Love of the Heart of Jesus.

WHAT DO WE HAVE TO DO?

1. EACH DAY:
Pray the Daily Offering as a family.
2. EACH NIGHT:
Make peace with each other.
3. EACH WEEK:
Remember the poor.

May God bless you as we journey through life!

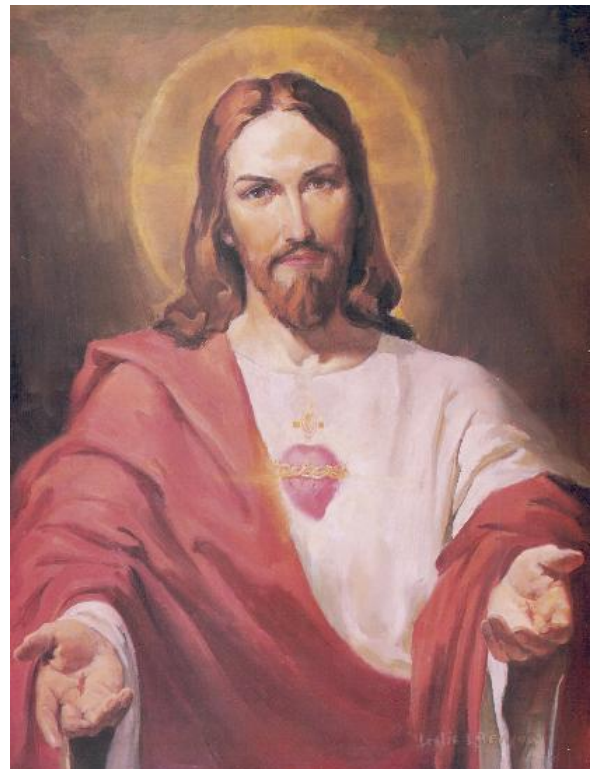
Act of Consecration

Sacred Heart of Jesus, our brother, and our friend, we thank you for loving us; we thank you for dying for us. Today we consecrate ourselves to Your most loving Heart.

We give you all that we are and all that we have, use them to draw our family closer to your Heart. Make our hearts more like your Heart.

Jesus, be the center of our family. Help us to lead good lives and to be faithful to you even in times of trouble and stress.

Help us to love one another, and to proclaim your love to others. Sacred Heart of Jesus, we place our trust in you. Sacred Heart of Jesus, we believe in your love for us.



Daily Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world.

I offer them for all the intentions of your Sacred Heart: the salvation of souls, reparation for sin, the reunion of all Christians.

I offer them for the intentions of our Bishops, and all members of the Apostleship of Prayer and in particular for the intentions of the Holy Father for this month.
